

Strategic Commissioning Plan 2014-19

Gail Arnold, Chief Operating Officer

5 NHS Outcome Framework Domains

Preventing people from dying prematurely

Best quality of life for people with long-term conditions including those with mental illness

Helping people to recover quickly and successfully from episodes of ill-health or following an injury

Patients have a great experience of all their care

Patients are kept safe and protected from all avoidable harm



7 outcome measures

Securing additional years of life for the people of England with treatable mental and physical health conditions Improving the health related quality of life of the 15 million+ people with one or more long-term condition, including mental health conditions.

Reducing the amount of time people spend avoidably in hospital through better and more integrated care in the community, outside of hospital.

Increasing the proportion of older people living independently at home following discharge from hospital.

Increasing the number of people having a positive experience of hospital care.

Increasing the number of people with mental and physical health conditions having a positive experience of care outside hospital, in general practice and in the community.

Making significant progress towards eliminating avoidable deaths in our hospitals caused by problems in care.



3 key improvement measures

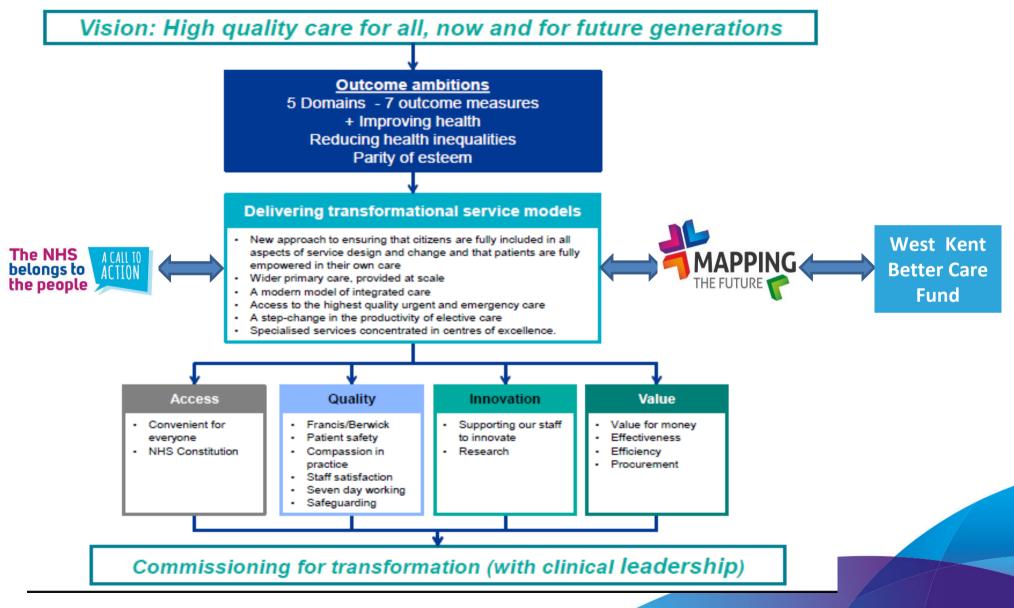
improving health

reducing heath inequalities

parity of esteem



West Kent Specific Targets and Initiatives



Strategic Commissioning Plan

Commissioners are required	Commissioners are required to:						
Define/Describe	Case and context for change – i.e. what will be different for patients						
At a strategic level	Deliver a 5 year plan						
	Credible costed plans to deliver outcomes						
At an operational level	Years 1 and 2 in detail (on a journey to achieve the 5 year plan)						
	Align with Better Care Fund (BCF)						
	Separate section showing usage of BCF						
Evidence	Improved health outcomes						
	Balancing the financial and planning framework						
Respond to A Call for Action	Plan for transformation on a 5 year basis						
	Ensure providers are best placed to deliver high quality services						
	Deal with the financial gap						
	Ensure appropriate risk and mitigations are in place						
Focus	Less on what is done for the patients and more on the results of what is done i.e. the outcomes						

Pioneer Bid and Better Care Fund

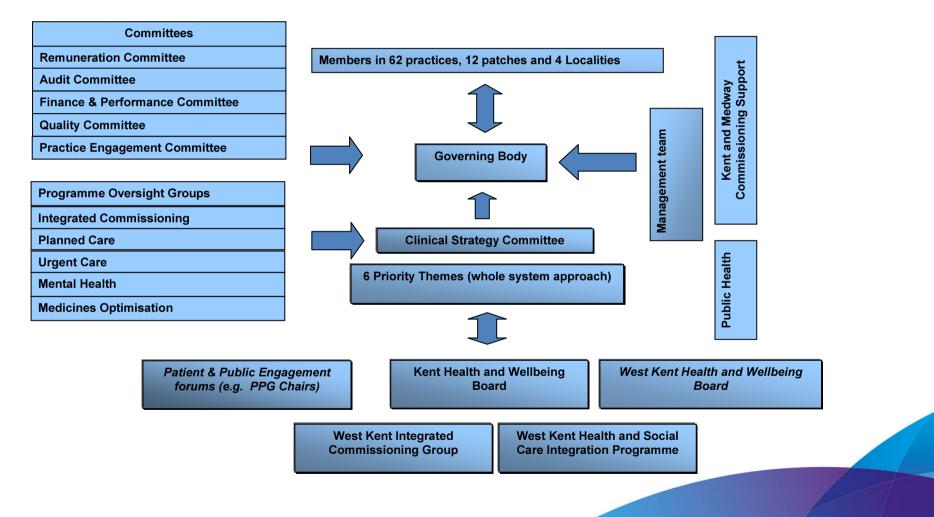
Kent Integration Care and Support Pioneer

- •Kent Integration Pioneer Working Group mix of commissioners and providers involved in developing integration plans which the Better Care Fund (BCF) is based upon
- •Mapping the Future (MTF) delivery is West Kent integration work plan (part of Kent Care and Support Integration Pioneer programme)

Better Care Fund Outcomes

- •buy more provision of reablement and care packages to keep people independent in their own homes
- •rapidly develop integrated care through bringing together inreach/outreach services, community hospital provision, and GP out of Hours as part of a network of integrated multi-disciplinary teams. All of this will be delivered with strong medical/clinical leadership and joint assessment processes.
- •use of year of care tariffs where appropriate
- •minimise use of physical resources i.e. hospital buildings and maximise use of human resources i.e. skilled workforce with a multi-disciplinary health and social care approach
- •support the principle of unequal investment to close the health inequality gap by addressing specific needs in specific areas to improve health outcomes
- •BCF Local (Kent) indicators injuries due to falls in people aged 65 and over & improve Social Care Quality of life

Scrutiny/Governance



Stakeholder Engagement

- Kent Integration Pioneer Working Group oversight of pioneer bid (ongoing)
- Mapping the Future four programme workshops held involving patient representatives, clinicians, health and care professionals and managers (Summer 2013)
- Mapping the Future discussions at West Kent Health & Well Being Board, West Kent CCG Governing Body Board and Annual General Meeting for all West Kent GPs (Summer/Autumn 2013)
- BCF workshop/engagement event led by Kent Health and Wellbeing Board under the Health and Social Care system leadership programme (January 2014)
- Local commissioning intention discussions/contracting monitoring and negotiation meetings with providers (February/March 2014)
- West Kent Integrated Commissioning Group, and the West Kent Health and Social Care Integration Programme (HASCIP) discussions on governance and implementation of BCF with -(Early March 2014)
- West Kent and Kent Health and Wellbeing Boards Presentations on BCF and West Kent CCG
 Strategic Commissioning Plan (mid/late March 2014)

Current Health Challenges in West Kent

- Increasing needs of ageing population
- Lack of integrated information systems
- Lack of integrated health & social care teams in the community to support vulnerable patients in their usual place of residence
- Inability to move patients onto rehabilitation pathways, especially neurorehabilitation and slower stream when system hits points of pressure reliance on key individual members of staff
- Insufficient level of capacity outside of acute hospitals meaning patients stay in acute beds longer than is necessary, creating bottlenecks and pressures elsewhere in the system i.e. A&E and acute medical wards
- Insufficient number of Elderly Mental Infirm (EMI) placement beds
- Delivering on 18 week referral to treatment time constitutional commitment

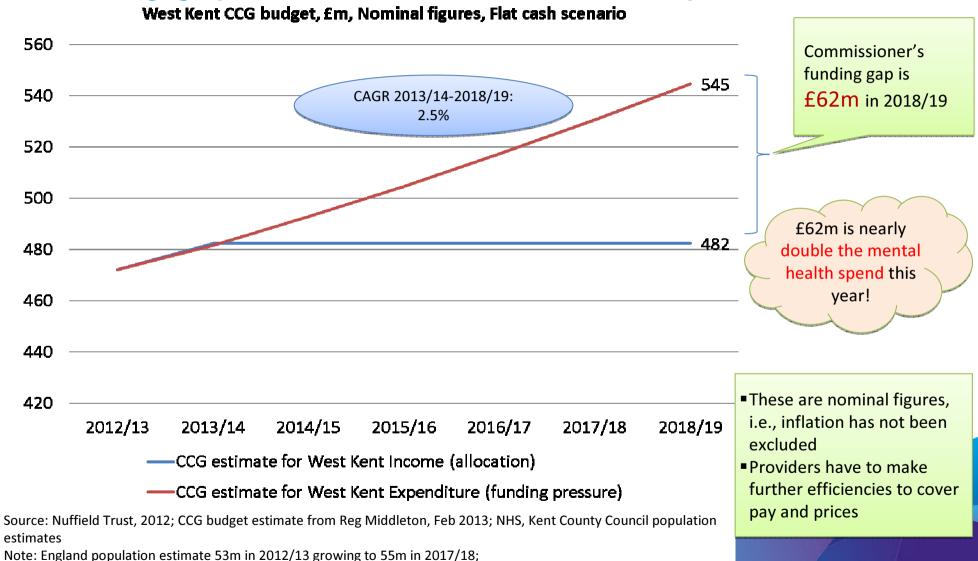
Current Health Challenges in West Kent

- Delivering timely reporting of diagnostic investigations, although the tests are achieved within the target time
- Higher than desired number of patients admitted to acute hospitals for end of life care
- Gaps in expected levels of detected disease leading to health inequalities
- Opportunity for patients with long term conditions to be more involved in their own condition management and for them to receive more of their necessary care in a planned way outside of hospitals
- Timely provision of equipment to keep patients at home
- Delivery of the desired ambulance response times
- Recruitment to specific specialist roles
- Timely access to Children and Adolescent Mental Health Services (CAMHS) services
- Timely access to Improving Access to Psychological Therapies (IAPT) services

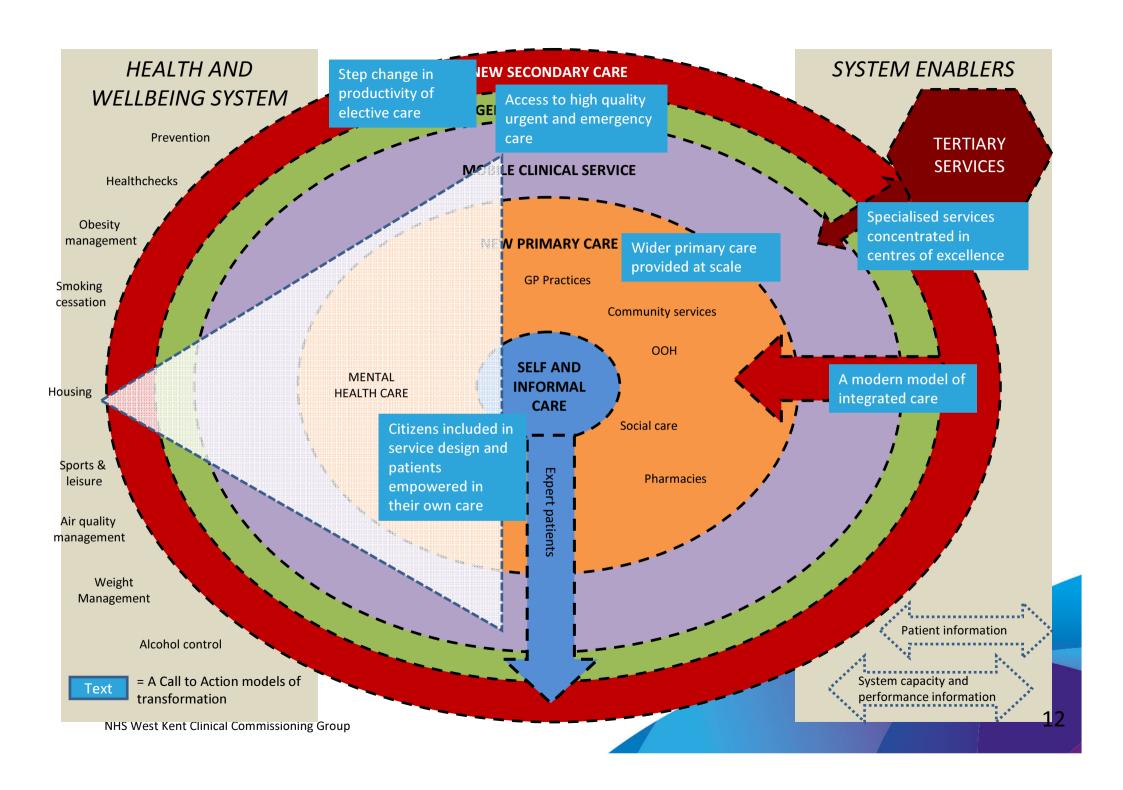
Growth in demand for care has to be served without growth in resources

- CCG funding gap will increase every year, becoming ~£60m in 2018/19
 - In a 'Flat Cash' environment
- Our health care providers are already planning to make significant savings every year for next few years
- PCT and CCG has achieved financial duties by taking non-recurrent actions
- MTW needs to do even more to account for the gradual withdrawal of support for Pembury PFI
- West Kent has historically under-invested in community services and received a larger share of those services than it has paid for

If we do not change our health services there will be a widening gap between our income and spend



West Kent population estimate 0.466m in 2012/13 growing to 0.49m in 2017/18



Mapping the Future - The Blueprint

11 0	
Health and Well-being	 Whole system approach with campaigns on alcohol, smoking and obesity Communities and individuals with capacity to support themselves and each other All levers used to tackle health determinants – e.g., Health education, environmental health, housing eligibility and maintenance, trading standards, standards and specifications of health and social care contracts
Self and Informal Care	 People are supported to take responsibility for their health and care People fully informed and take part in discussions about future plans People are supported to stay independent and at home for as long as possible Local communities and voluntary organisations are encouraged to provide support
New Primary Care	 GP practices, community services, OOH, social work and mental health as integrated team that can respond round the clock, easily accessible, seamless service Some services brought into community (e.g., diagnostics) Pro-active care and prevention
Mobile Clinical Services	 Helpline for advice to patients and carers, supported by GPs and well supervised, aware of all available services real-time Paramedics provide care to people at the point where they become ill, as part of integrated team with same similar pathways and protocols and access to information
Urgent Transfer	 Transfer patients with urgent care needs to best setting, not necessarily only to A%E Provide a range of treatments and diagnostic tests to patients on the way More use is made of transport services by voluntary and community organisations
New Secondary Care	 Urgent and planned care are managed as separate entities for optimum efficiency Some services concentrated in larger centres Urgent care as part of a total system connected with NPC and Mobile Services Clear agreements between NPC and specialists about their responsibilities and risks
System Enablers	 Access to shared medical records and care plans for all care professionals anywhere Improved communications and relationships between all care professionals Risk management across the system contribute to more efficient and effective care (financial risk and clinical governance) Financial and contractual levers aligned

Resource outlook

- West Kent CCG initial funding below target level
- NHSE England has confirmed firm intention to reduce inequalities in funding levels
- West Kent CCG will receive a higher than average funding uplift confirmed for two years, indicative for further three years, as follows:

	Distance from target £m %		Actual per capita £	Target per capita £	Actual allocation £m	Target allocation £m	Base level growth %	Growth received by West Kent CCG %
2013-14	(39.828m)	(7.87)	1,000	1,085	466.024	505.852		70
2014-15	(27.426m)	(5.48)	1,006	1,064	476.809	504.235	2.14	3.86
2015-16	(24.348m)	(4.76)	1,026	1,077	492.214	516.563	1.70	3.23
2016-17								2.72
2017-18	Indicative planning assumptions only						1.70	2.69
2018-19							1.70	2.68

West Kent CCG - Deployment of

resources

- Resource consumption dominated by investment toward people aged over 60 who have between 1-5 Long Term Conditions
- High proportion of expenditure directed towards the cost of emergency care,
 community services and drug prescribing within the age cohorts over 60 years of age
- People over 65 and those with Long Term Conditions represent 25% of the population but consume 71% of the total CCG budget

• People over the age of 65 and those with LTCs represent 25% of the West Kent population but consume 71% of the total CCG budget. This is the group where

integrated care is most beneficial

	na kanadi A.S. I	Presigning admissions	Personance	Materialy			Hanhan		esd or make		Mente			Contrune	l	*etatheeath
age based			admasons	Or operator	Physica	inpatient.	Amoulane	Migh cost: Arrign	Other asvise	Month.	Солоние Фу	Pracenting	and	Okas	1;send	
94	304	1.594	0	1.165	463	718	311	317	1.114	0	1897	1925	0	425	10234	
54	218	1,094	0	1,400	730	670	215	307	1,079	69	1,487	2313	0	415	9997	
1944	330	1,073	0	1,396	956	498	230	288	1,012	414	901	2307	0	190	9 (98	
1549	426	1,739	367	1,598	791	730	355	422	1,482	1,422	514	2631	0	545	21.126	
2924	423	1,877	1,500	1,258	691	507	376	474	1,665	2,739	470	2070	0	613	14,750	
2529	358	1,798	2,605	1,724	900	590	352	596	2,092	2,550	536	2.848	0	734	17,677	
30 34	317	1,920	3,928	2,000	972	727	367	744	2,652	2,570	562	3436	0	002	21,235	
14.10	290	2,152	2,930	2,199	1,175	906	400	720	2,539	2,853	595	3,607	0	991	11,206	
4044	345	2,690	922	2,384	1,622	1,485	495	705	2.477	3,181	569	3938	0	906	21808	
45-49	346	2,806	80	2,668	1,891	2,060	516	736	2,586	4,162	507	4408	0	991	21,857	
5064	296	3, 108	3	2,787	1,963	2,475	558	795	2,792	5,233	856	4604	0	1,017	24,490	
5559	266	3,308	0	2,815	1,945	2,427	586	804	2,826	2,108	334	4650	0	982	21,652	
6064	265	4,288	0	3,449	2,509	1,849	746	1,073	3,771	2,685	1,377	5697	0	1,287	3 (,002	
0509	294	6,054	0	9,232	2,940	4,947	1,041	1,380	4,849	2,694	2,133	6992	4/091	1,800	44,954	
7074	200	5,948	0	3,621	8,387	4,340	1,017	1,236	1349	2,863	2,741	5994	3,964	1,678	46,399	
75.70	393	7,507	0	2,580	3,309	4,308	1,050	1,306	4,599	3,943	4,517	5054	4,736	1,934	13,952	
4808	300	8,501	0	3.022	1.594	3,243	1.456	1,252	4.397	3,106	7.182	4992	5,726	1944	46806	
35-89	275	8,333	0	1,823	875	1,462	1,410	954	3,353	1,870	8,317	3012	5,953	1,614	35,855	
9094	173	5,581	0	760	313	454	942	544	1,912	1,056	6,019	1,255	3,720	985	21725	
554	54	1,899	0	141	51	74	320	166	583	191	2,222	233	1,266	312	7511	
Coal	5,368	77,984	12, 930	68,075	25,575	36,168	17,906	38,326	52,067	67,084	44, 725	70,000	35,008	20,22%	626,972	

		•					
			W	LTC			
Age band	O	1-5	6-10	21-15	36-20	21+	Total
8-4	8,751	1,432	51	0	0	- Q	10.234
5-9	8,040	1,944	13	0	0	0	9,997
18-74	7,770	1,533	96	0	0	0	9,398
15-19	9,734	2,696	686	0	0	0	13,116
26-24	9,753	2,291	2,639	67	0	0	14.750
25-29	11,802	2,952	2,854	69	0	- 0	17.677
34-34	14,635	3,784	2,768	46	0	0	21.253
35-39	14,126	4,097	2,904	79	0	0	21.206
49-44	12,601	5,623	3,127	441	15	0	21.808
45-49	11,730	6,749	4,547	643	189	0	23.887
50-54	11,108	9,188	3,692	416	86	0	24.490
55-59	10,003	9,945	3,187	475	-43	0	23.652
64-64	9,916	14,902	4,800	1,136	248	0	31,002
65-69	10,954	24,006	6,136	1,971	287	0	43,354
76-74	8,348	22,207	6,574	2,544	709	17	40.399
75-79	6,821	24,263	9,569	2,659	507	93	A3.912
84-84	5,923	24,177	12,047	3,971	678	9	46,906
85-89	3,950	18,993	11,598	3,520	766	28	50.055
96-94	2,348	10,951	7,942	2,056	361	56	23.715
95-	813	3,623	2,304	547	225	0	2311
To tail	179,126	199.357	67,532	26,640	4.134	200	466,993

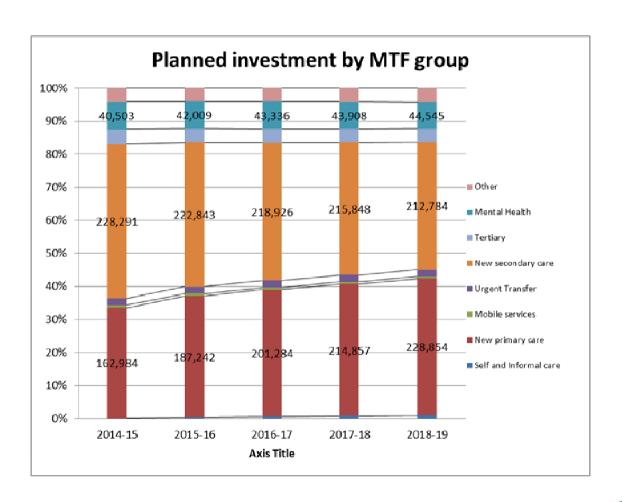
Finance – Strategic Goals

- To secure a sustainable financial future for the CCG
- To secure an appropriate balance between the achievement of financial duties and the achievement of high quality clinical services
- To secure the maximum benefit per £ invested, in terms of health outcomes, and quality of care
- To deploy resources in way that secures the vision of the CCG towards shifting the provision of care towards community based settings

Medium Term Financial Plan - draft

	2014-15	2015-16	2016-17	2017-18	2018-19
	£000	£000	£000	£000	£000
Resource Limit	493,169	516,383	530,241	544,220	558,521
Self and Informal care	619	2,304	3,322	4,382	5,484
New primary care	162,984	187,242	201,284	214,857	228,854
Mobile services	4,039	3,924	3,693	3,481	3,266
Urgent Transfer	9,892	10,468	10,918	11,420	11,931
New secondary care	228,291	222,843	218,926	215,848	212,784
Tertiary	21,585	21,693	21,975	22,348	22,728
Mental Health	40,503	42,009	43,336	43,908	44,545
Other	20,324	20,736	21,484	22,534	23,344
Total	488,237	511,219	524,938	538,778	552,936
Surplus 1%	4,932	5,164	5,302	5,442	5,585

Relative Movement in Investment Plans



Mapping the Future Outcomes

- Consistent, high quality health and social care services that are interconnected and available round the clock
- A system that offers the most effective and efficient care so that people get the right care in the right place by professionals with the right skills the first time
- Proactive care which aims to prevent people from developing illnesses and limiting the severity of their conditions
- Individuals and carers are active partners in their care, receiving personalised and coordinated services and support
- Care is organised in a way that enables people to be as independent as possible and to only visit hospital when it is absolutely essential
- Health and care services that are efficient in the way they use resources

Our Ambition is that by 2018/19 we will have:

- Reduced years of life lost to under 75s for circulatory disease & cancer by 5%
- Increased the number of patients whose dementia is diagnosed to 60%
- Reduced the number of hospital admissions for respiratory disease by 20%
- Increased the take up of psychological therapies to 50% of those that are eligible
- Ensured that children & adolescents needing Mental Health services are assessed, when urgent within 48 hours and otherwise within 4 weeks and treated in 12 weeks
- Increased the number of outpatient appointments that are provided in the community not the acute hospital by 15%
- Reduced the number of urgent hospital admissions by 25%, by providing more care outside hospital in a planned way

West Kent Plan on a Page



West Kent is a prospering area in Southern England with above average health outcomes. The population of West Kent is 464,000 and although generally affluent there are hidden pockets experience of end of life care; improving health in the most disadvantaged communities; supporting people with mental ill health to live well; and giving children the best start in life

Working with local people, clinicians from all providers and the local authority we have produced 'Mapping the Future' describing what modernised health and care like in 18.19 to meet the challenges described above as well as the need to manage increasing need for care with reducing resources. We share a conviction that significantly changes to how care is provided across health and social care are essential and that integration is key to success. West Kent is part of the Kent wide 'Integration Pio



Our Vision for 18/19 is to provide:

Our ambition for 18/19 is that we will have:

By March 2016 we will have introduced:

We will make sure we deliver the plan by:

Self and Informal Care

People and local communities are supported to take responsibility for their own care

New Primary Care

General Practice is supported by a full range of 24/7 health and social care services to help manage individuals with, multiple long term conditions in the community and avoid the need for hospital admission

New Secondary Care

Specialist care is provided separately for planned and urgent care, by teams that work in the hospital and in the community supporting New Primary Care

Supported by:

Shared clinical records, care plans and contracts that support integrated working

Reduced years of life lost to under 75s for circulatory disease & cancer by 5%

- Increased the number of patients whose dementia is diagnosed to 60%
- Reduced the number of hospital admissions for respiratory disease by 20%
- Increased the take up of psychological therapies to 50% of those that are eligible
- Ensured that children & adolescents needing Mental Health services are assessed, when urgent within 48 hours and otherwise within 4 weeks and treated in 12 weeks
- Increased the number of outpatient appointments that are provided in the community not the acute hospital by 15%
- Reduced the number of urgent hospital admissions by 25%, by providing more care outside hospital in a planned way

Proactive care

- Integrated community health, mental health, and social care teams, with GP leadership, working with groups of GP practices.
- Active support from integrated teams to the community to enable patients to look after themselves
- Increased support to help people at the end of their life to die in the place of their choice

Reactive Care

•An integrated 24/7 service that provides a full range of out of hospital urgent health and social care to support proactive care teams manage patients in the community and avoid hospital admission

Integrated prevention services

•Accessed through a single point of contact to support people live healthy lives

Ensuring it is overseen through the following governance arrangements

- •Overall leadership exercised by the West Kent Health and Wellbeing Board
- •Participation in the Kent wide 'Integration Pioneer' programme
- •Mapping the future programme board to oversee delivery

Measured using the following success criteria

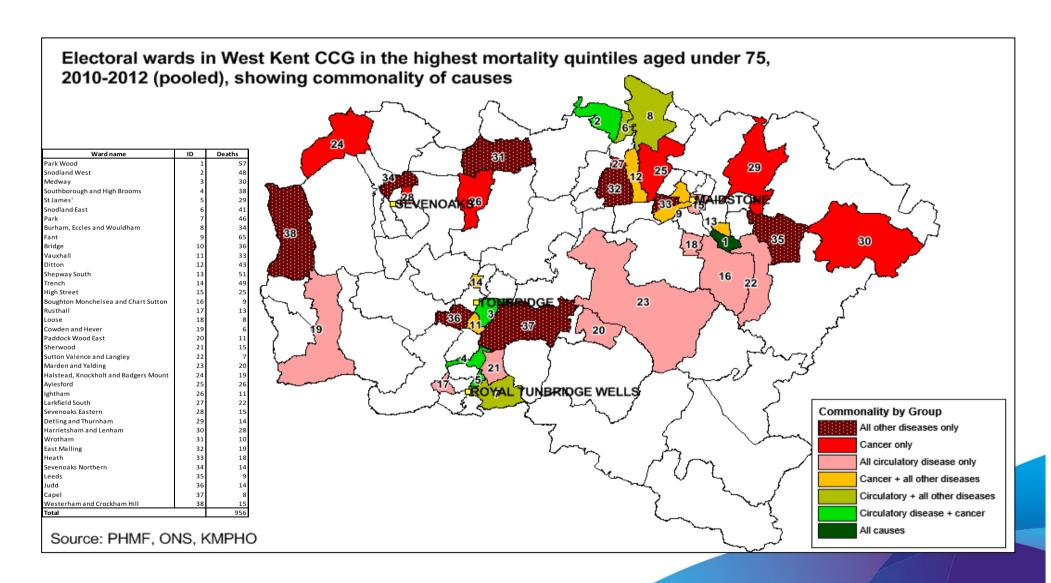
- •All providers achieving upper quartile performance on most quality indicators
- •All organisations within the health economy report a financial surplus in 18/19
- •Delivery of the system objectives.
- •Improved citizen experience across the system

Basing all we do on these values and principles

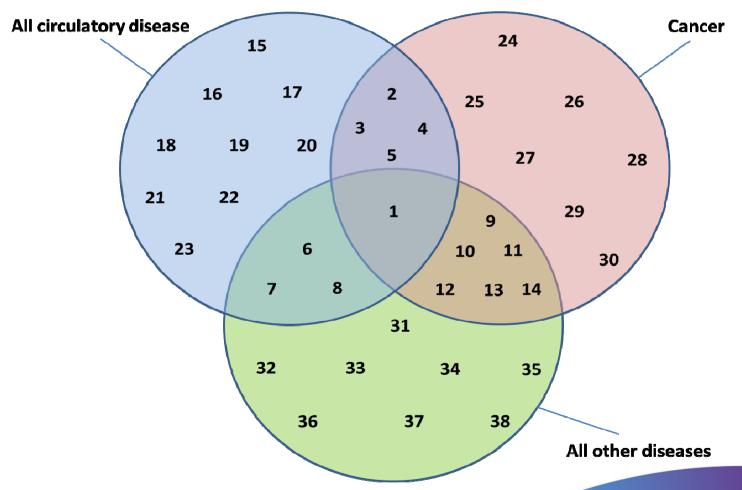
- Patient focused
- Providing quality,
- Improving outcomes

21

Electoral wards in highest mortality quintiles – West Kent CCG, aged under 75, 2010-2012 (pooled)



Electoral wards¹ in West Kent CCG in the highest mortality quintiles aged under 75, 2010-2012 (pooled), showing commonality of causes



¹ –Numerals on Venn diagram refer to labels on map Source: PHMF, ONS, KMPHO

Electoral wards in West Kent CCG in the highest mortality quintiles, aged under 75, 2011-2012 (pooled), showing commonality by cause of death

- ward is in highest mortality quintile for this disease

Map ID	Ward code	Ward name	Circulatory disease	Cancer	All other diseases
1	29UHHC	Park Wood			
2	29UPJF	Snodland West			
3	29UPJD	Medway			
4	29UQGU	Southborough and High Brooms			
5	29UQGR	St James'			
6	29UPJE	Snodland East			
7	29UQGN	Park			
8	29UPHM	Burham, Eccles and Wouldham			
9	29UHGR	Fant			
10	29UHGL	Bridge			
11	29UPJH	Vauxhall			
12	29UPHQ	Ditton			
13	29UHHE	Shepway South			
14	29UPJG	Trench			
15	29UHGW	High Street			
16	29UHGJ	Boughton Monchelsea and Chart Sutton			
17	29UQGQ	Rusthall			
18	29UHGY	Loose			
19	29UKGM	Cowden and Hever			
20	29UQGK	Paddock Wood East			
21	29UQGT	Sherwood			
22	29UHHH	Sutton Valence and Langley			
23	29UHGZ	Marden and Yalding			
	29UKGW	Halstead, Knockholt and Badgers Mount			
25	29UPHJ	Aylesford			
26	29UPHY	Ightham			
27	29UPJC	Larkfield South			
28	29UKHE	Sevenoaks Eastern			
	29UHGN	Detling and Thurnham			
	29UHGS	Harrietsham and Lenham			
	29UPJL	Wrotham			
	29UPHS	East Malling			
-	29UHGU	Heath			
34	29UKHG	Sevenoaks Northern			
	29UHGX	Leeds			
	29UPHZ	Judd			
	29UQGE	Capel			
	29UKHM	Westerham and Crockham Hill			

Source: PHMF, ONS, KMPHO

Collective Challenge

	CIRCULATORY	RESPIRATORY	CANCER	LEAD RESPONSIBILITY
Smoking	✓ ✓	KESFIKATORT	✓ ✓	Public Health
Health Checks	✓			Public Health
Obesity Management	√			Public Health
Diet	· ✓			Public rieditii
	· ·			
Weight Management			✓	
Sports and Leisure	✓			District Councils
Alcohol control	✓	✓	✓	Community Safety Partnership
Air Quality Management	✓	✓	✓	District Councils
Industrial / Occupational Hazards		✓		(Local Employers)
Housing / heating & damp		✓		Housing Associations/District Councils
Excess winter deaths		✓		
Primary Care input	✓			NHS England Kent & Medway Local Area Team
Management of AF & CHD	✓			NHS England Kent & Medway Local Area Team
Diabetes	✓			
Thrombosis	✓			
Cardiac Medical procedures (PPCI/STEM1)	✓			
Cardiac Rehab	✓			
Medicines Management issues	✓			
Finding the unknown 'closing the gap'	✓	✓		
Primary Care input to optimise management		✓		
Pulmonary Rehab		✓		Health (various providers)
Hidden circulatory problems		✓		Health (various providers)
Asthma diagnosis & management especially children		✓		
Practice prevalence of smokers		✓		
Use of services to mortality		✓		
Screening - breast/cervical/bowel			✓	
Early diagnosis			✓	
2/52 referrals			✓	
Reducing variation in optimal therapy			✓	

Planning Timetable

	SCP	BCF
14 February 2014	1 st submission of plans	1st Draft
28 February 2014	Contracts signed off	
4 March 2014	Refresh of plans post contract sign off	
5 March 2014	Reconciliation process begins with NHS TDA and Monitor	
18 March 2014	West Kent Health & Well Being Board	
25 March 2014	Governing Body sign of plans	
26 March 2014	Kent Health & Well Being Board	
4 April 2014	Submission of final 2 year plan and draft 5 year	Submission of final proposal
20 June 2014	Submission of 5 year strategic plan (years 1 $\&$ 2 will be fixed as per 4 April submission)	

NHS England will work closely with Monitor, NHS Trust Development Authority and Health Education England throughout this process to provide feedback to CCGs and providers and to ensure alignment and deliverability. This will be an iterative process as providers respond to commissioner plans.